

SNACK INFORMATION

Each preschool family will be asked to provide nutritional snacks during the school year. Your child's teacher will notify you regarding your snack dates.

We are licensed by the State of Michigan and, therefore, must comply with their nutritional guidelines. Regulations require that milk or 100% fruit juice arrive in the original containers, unopened. All milk/juice must be pasteurized. All food transported from home to school must be covered and we ask that the snack be a nutritional one. We will make exceptions for birthday and holiday celebrations.

Here are some snack suggestions to get you started:

Fruit	Goldfish crackers	Applesauce
Veggies & Dip	Granola Bars	Cheese & Crackers
Pretzels	Graham crackers	Muffins
Bagels	Chex Mix	Jello
Animal crackers	Pudding cups	Cheerios

Please stay away from high sugar/high fructose items, including fruit snacks and fruit roll-ups.

Please plan on providing everything needed with your snack; that includes spoons, napkins, cups, plates, etc.

I have read over the information above and agree to provide nutritional snacks during the school year. I understand that milk/juice must arrive in the original containers, unopened and that all food must be covered. I agree to provide the cups and napkins for each snack, as well as paper plates and spoons if needed. I will notify the school ASAP if I am unable to provide snack on my child's scheduled day.

Date

Parent's Signature