

HUNGER AND THIRST AGES 10-12

A Great book for parents:

Family Trees & Olive Branches: Creating a Culture of Grace in Your Family, Christina Hergenrader, Available at CPH.org

Great article on ministering to your tween:

thebettermom.com/blog/2013/02/07/5-ways-to-minister-to-your-tweens-heart

Quiet Time encouragement

Your kids are now at the age to develop their own quiet time with Jesus. Help them by making sure they have an **age appropriate Bible, a note book, pen/pencil, crayons** (if they like to draw their prayers or what they are thankful for), and **devotional**. Get a special container to store their Quiet time materials and help them pick a place/time when they can have quiet time. Most of all, show them *your* quiet time materials and what you do for your quiet time and how you've grown in your walk with Jesus through prioritizing that time. Setting up a time (10+ minutes) every day for everyone in your home to pray and read their Bibles is also beneficial.

lifeway.com/kidsministry/2015/04/23/help-kids-study-the-bible-on-their-own/

ministry-to-children.com/10-way-to-get-kids-excited-about-the-bible/

focusonthefamily.com/parenting/spiritual-growth-for-kids/draw-your-children-into-the-bible/learning-the-bible

christianitycove.com/mom-challenge/2214/

Bibles

† Girls Life Application Study Bible by Tyndale a.co/0aexj68

† Boys Life application study bible by Tyndale a.co/cSJAPLf

† Kids' Visual study Bible : Explore the story of the Bible – people, places and history - Zondervan a.co/aFUm4b9

† Faithgirlz Bible by Zonderkidz a.co/9GXbUby

† Adventure Bible by Zonderkidz a.co/bl34eWy

Devotionals

† Devotions for super average kids by Focus on the family a.co/axoOGAT

† Sticky Situations : 365 Devotions for Kids and families by Betsy Schmitt a.co/7Agenh2

† You're Worth It for Girls : God Thinks You Rock! By Shelia Walsh a.co/bRFhD6m

† You're God's Girl! A Devotional for Tweens by Wynter Pitts a.co/gJDeYpH

† Glimmer and Shine : 365 Devotions to Inspire by Natalie Grant a.co/c2dkHmf

† The Ultimate Boys' Book of Devotions : 265 Daily Devotions by Ed Strauss a.co/izndMWS

† Dare U 2 Open This Book: Draw In, Write It, Dare 2 Live it by Carol Moore

Need more help with doing devotions with your child? Check out these links:

blog.cph.org/everyday-faith/simple-steps-for-family-devotions/, [youtube/8NqcyP-YB1c](https://www.youtube.com/watch?v=8NqcyP-YB1c),

blog.cph.org/everyday-faith/d-e-v-o-t-e-simple-steps-for-family-devotions/

Prayer

Great articles : focusonthefamily.com/parenting/spiritual-growth-for-kids/talking-to-god/teach-us-to-pray, blog.cph.org/everyday-faith/life-of-prayer/, likemindedmusings.com/how-to-encourage-tween-child-pray-free-printable-prayer-calendar/

Music

Christian music – More Kid (ish) Ultimate Kids Worship a.co/95Heph4, GoFish a.co/iyTTLv4, Hillsong kids a.co/fySNf6k, Seeds Family Worship a.co/ieJdYly, The Ology: Ancient Truths Ever New a.co/hbXJpPh, Sooner Count the Stars a.co/4Eukce5, Hymns for a Kids heart by Joni Erickson Tada (series) a.co/2aESF4s

SHARE your highs and lows; READ a Bible verse or story; TALK about how the Bible reading might relate to your highs and lows; PRAY for one another's highs and lows; BLESS one another

Want an alternative to secular music? Encourage your kids to listen to music that honors Christ. Everything from Christian pop (King & Country, Matthew West, Big Daddy Weave), to rap (Shai Linne), to “tween favorites” (Love & the outcome, Hillsong Young & Free, The Rubyz). Looking for a certain type of Christian music? Check out: thoughtco.com/christian-bands-and-artists-list-707704 or klove.com to peruse various songs.

Local *commercial free* Christian radio stations include 88.3 fm, 93.5 fm, 106.3 fm, 1030 am

School

Pray on way to school or before your kids go out the door, teach them re: armor of God/put it on, pray for and with your child for their teacher and classmates (esp. the difficult ones). Focus more on Christ like love than grades. Lunchbox notes, praying before/about homework or tests. Learn from your child’s teacher what is being studied. If your child is in our day school, you can personalize and reinforce the Christian lessons they are learning. If your child is in a public school, you can add God’s perspective to the subjects.

Meal times

Meal time Devotions

† Free printable ourelement.org/downloads/family_mealtimes_devotion.pdf

† Whit’s End Mealtimes Devotions by Crystal Bowman a.co/00Praue

Free examples of Whit’s End Mealtimes triciagoyer.com/mealtimes-devotions-whats-on-your-label-plus-a-giveaway/

† 101 Family Meal time devotions by Greg Johnson a.co/86EJAKZ

† Dinner Table Devotions by Nany Guthrie a.co/2Q20XCH

† Dinner Time Devotions by Sean Park a.co/39zVJRI

Conversation Starters thefamilydinnerproject.org/tag/ages-8-13,

thefamilydinnerproject.org/conversation/conversation-starters-shareables/,

conversationstartersworld.com/250-conversation-starters/, inspirationmadesimple.com/wp-content/uploads/2014/08/table-conversations-bw.pdf

Dinner games - thefamilydinnerproject.org/fun/dinner-games/ages-8-13-dinner-games

Bedtime

Do the Faith5 with your preteen (<https://faithink.com/about-faith5>):

SHARE your highs and lows; READ a Bible verse or story; TALK about how the Bible reading might relate to your highs and lows; PRAY for one another's highs and lows; BLESS one another

Listen to Adventures in Odyssey focusonthefamily.com/media/adventures-in-odyssey/
www.whitsend.org