

## HELP RAISE YOUR CHILD TO HUNGER AND THIRST AFTER RIGHTEOUSNESS 3-5 YEARS (PRESCHOOL)

### Teaching your preschooler about the Bible

Read your own Bible and have it be something your child sees you do. Provide your child with an age appropriate Bible storybook, like those below, and read it together every day.

- † The Beginner's Bible: Timeless Children's Stories by Zondervan [a.co/i4Siao6](http://a.co/i4Siao6)
- † The Rhyme Storybook by L.J. Sattgast [a.co/7T5AT4h](http://a.co/7T5AT4h)
- † My First Bible Storybook by Michael Burghof [a.co/atk0BC3](http://a.co/atk0BC3)

### Devotionals

Devotionals include questions to answer together, or activity to do together:

- † Our Daily Bread for Preschoolers by Crystal Bowman [a.co/8QFDUcB](http://a.co/8QFDUcB)
- † The Beginners Bible 365 Devotions for kids by Zondervan [a.co/hHODnAQ](http://a.co/hHODnAQ)
- † Bible Discovery Devotions by Martha Larchar [a.co/b27Lan3](http://a.co/b27Lan3)
- † Little Visits with Jesus (series) by Mary Manz Simon [a.co/2K3J2EG](http://a.co/2K3J2EG)

Bedtime is the perfect time to snuggle up and do a devotional with your preschooler!

- † Sweet Dreams Princess Bedtime Bible stories, devotions & prayers [a.co/9Eq00qM](http://a.co/9Eq00qM)
- † Goodnight Warrior: God's Mighty Warrior Bedtime Bible stories [a.co/84HYaTt](http://a.co/84HYaTt)
- † Bedtime Blessings Vol 1&2 by John Trent – very fun and interactive - [a.co/hvAVJ9T](http://a.co/hvAVJ9T)

Need more help with doing devotions with your child? Check out these links:

[blog.cph.org/everyday-faith/simple-steps-for-family-devotions/](http://blog.cph.org/everyday-faith/simple-steps-for-family-devotions/), [youtube/8NqcYP-YB1c](https://www.youtube.com/watch?v=8NqcYP-YB1c),  
[blog.cph.org/everyday-faith/d-e-v-o-t-e-simple-steps-for-family-devotions/](http://blog.cph.org/everyday-faith/d-e-v-o-t-e-simple-steps-for-family-devotions/)

### Memorize the Bible

Pick a time each day and read one Bible verse with your child for a week. Repetition will help you memorize it. Your child will know over 100 Bible verses by memory when turning six!

Free scripture cards [icanteachmychild.com/wp-content/uploads/2011/10/ABC-Scripture-Cards.pdf](http://icanteachmychild.com/wp-content/uploads/2011/10/ABC-Scripture-Cards.pdf)

Other sets can be found on Pinterest or here [a.co/0C6Ietp](http://a.co/0C6Ietp)

### Books

Fill up your child's book shelf with some books that talk about Biblical concepts is great too!

Here are just a few of numerous Christian books your child might enjoy:

- † Concordia Publishing Bible stories that rhyme [cph.org/t-topic-archbooks.aspx](http://cph.org/t-topic-archbooks.aspx)
- † Christ centered board books by Debbie Anderson [a.co/fQiU7Ge](http://a.co/fQiU7Ge), Jodi Walker [a.co/i519xL6](http://a.co/i519xL6), Mikal Keefer [a.co/ad5Ocg7](http://a.co/ad5Ocg7), Veggie Tales [a.co/j5cCA2f](http://a.co/j5cCA2f)
- † Books by Lisa Tawn Bergren "God Gave Us" [a.co/ddZdstp](http://a.co/ddZdstp), Amy Parker [a.co/4KzMoMw](http://a.co/4KzMoMw), Penny Reeve "Find the animal" [a.co/5sIQcsR](http://a.co/5sIQcsR)

### Meal time Ideas

Before you start to eat, take a minute to thank God for the food, those who prepared it and anything else that comes to mind. You can even take turns each day with who gets to lead prayer. Memorize short meal prayers (Check out St. Peter's facebook/website on Tuesday to download a printable list of mealtime prayers)

Start with table talk. Get a jar and put questions in it to answer, at least one a meal. It can open conversation up where you can talk about your faith. Here are some questions to get you started.

[thedatingdivas.com/wp-content/uploads/2014/08/Conversation-Starter-Jar-and-Questions.pdf](http://thedatingdivas.com/wp-content/uploads/2014/08/Conversation-Starter-Jar-and-Questions.pdf).

Want more ideas for meal time? Check out [thefamilydinnerproject.org/tag/ages-2-7](http://thefamilydinnerproject.org/tag/ages-2-7),

[joyshope.com/2009/07/prayer-pail-with-supercool-guest.html](http://joyshope.com/2009/07/prayer-pail-with-supercool-guest.html)

### **Encourage Prayer**

Model and remind your preschooler that prayers don't have to be fancy or use big words. Prayer is just talking to Jesus. Encourage your preschooler that Jesus ALWAYS is there to listen to them and loves them, even when they are upset or angry about something. Encourage them to pray about little and big things. Talk about how you see God answering prayers in your own life. Pray with your preschooler, then follow up and point out how God answered your prayers.

Want some more ideas? Check out [blog.cph.org/everyday-faith/life-of-prayer/](http://blog.cph.org/everyday-faith/life-of-prayer/), [childrensministry.com/articles/9-ways-help-young-kids-pray/](http://childrensministry.com/articles/9-ways-help-young-kids-pray/), [thoughtco.com/prayer-activities-for-children-701210](http://thoughtco.com/prayer-activities-for-children-701210)

If in pre-school, pray for their teachers and classmates. Learn from your child's teacher what is being studied. If your child is in our day school, so you can reinforce the Christian lessons they are learning. If your child is in a different school, you can add God's perspective to the subjects.

### **Drive time Ideas**

Pray for first responders when they drive by with sirens blazing and for those they are tending to. Pray for peace for the sick person and those who love them.

Listen to Christ honoring music in your car. Local *commercial free* Christian radio stations include 88.3 fm, 93.5 fm, 106.3 fm, 1030 am

### **Family time**

Have family time once a week to connect with each other and to encourage spiritual growth of your families. These books provide a night of family fun encouraging Biblical truths. Free Family fun nights - [itstartshome.org/familynight/](http://itstartshome.org/familynight/)

Stories for Preschools – Family Tool chest [a.co/gwcA4nx](http://a.co/gwcA4nx), [a.co/gnIXSKl](http://a.co/gnIXSKl)

### **Music**

Seed Family Music – Scripture put to music for kids [a.co/1u4MR8z](http://a.co/1u4MR8z)

Sunday School Songs [a.co/gE60XqO](http://a.co/gE60XqO)

Action Bible Songs [a.co/6QHeVnz](http://a.co/6QHeVnz)

Grow, Grow, Grow (and other music) by Karyn Hensley [a.co/eSnjYyH](http://a.co/eSnjYyH)

Songs Kids Love to Sing 2 by Concordia publishing [a.co/bu7KkoZ](http://a.co/bu7KkoZ)

Peace Like a River: The Hymns project by Chris Rice [a.co/f54znMv](http://a.co/f54znMv)

### **Bedtime**

Use bedtime as a time to connect with your child and with Jesus.

Make sure prayer time is part of your bedtime routine. You could thank God for the things you did that day, for the people you met or saw, and for those going through a hard time.

One method is to: SHARE your highs and lows; READ a Bible verse or story; TALK about how the Bible reading might relate to your highs and lows; PRAY for one another's highs and lows; BLESS one another [faith5.org](http://faith5.org)

Read a Bible story or Bible Devotion each night before bed (see page 1)

Play Christ centered calming music for your child to fall asleep to

Hidden In my heart lullabies [a.co/h2UDAKK](http://a.co/h2UDAKK), Sing Over Me Worship songs [a.co/bzepG4V](http://a.co/bzepG4V),

Bedtime Prayers: Lullabies&Peaceful worship [a.co/ajXcGwg](http://a.co/ajXcGwg)

### **A Great book for parents:**

Family Trees & Olive Branches: Creating a Culture of Grace in Your Family, Christina Hergenrader, Available at CPH.org