

## **HUNGER AND THIRST AGES 12-14 year olds**

Trying to figure out how to encourage your middle schooler in their walk with the Jesus ? These articles will help:

<http://justaphase.com/3-easy-ways-impact-middle-schooler-identity-faith/>

<http://www.familylife.com/articles/topics/parenting/ages-and-stages/tweens/30-tips-for-raising-middle-schoolers>

Great radio segment for parents of middle schoolers:

<http://familylifetoday.com/program/understanding-the-middle-school-years/>

### **Quiet Time encouragement**

[lifeway.com/kidsministry/2015/04/23/help-kids-study-the-bible-on-their-own/](http://lifeway.com/kidsministry/2015/04/23/help-kids-study-the-bible-on-their-own/)

[ministry-to-children.com/10-way-to-get-kids-excited-about-the-bible/](http://ministry-to-children.com/10-way-to-get-kids-excited-about-the-bible/)

[focusonthefamily.com/parenting/spiritual-growth-for-kids/draw-your-children-into-the-bible/learning-the-bible](http://focusonthefamily.com/parenting/spiritual-growth-for-kids/draw-your-children-into-the-bible/learning-the-bible)

[christianitycove.com/mom-challenge/2214/](http://christianitycove.com/mom-challenge/2214/)

### **Bibles**

- † Guys Life Application Study Bible by Tyndale <http://a.co/bzXXCYx>
- † Girls Life Application Study Bible by Tyndale <http://a.co/d1ogGCr>
- † The Story of God : Student Edition by Zonderkidz <http://a.co/hZOqpJ1>
- † Apologetics Study Bible for Students by Dr. McDowell <http://a.co/3DzeZoD>
- † The Sports Bible by Fellowship of Christian Athletes <http://a.co/45o18Sr>
- † True Images (for teen girls) by Zondervan <http://a.co/dald37u>

### **Devotionals**

- † Loved: A devotion for teens by teens by CPH [a.co/6qQd9fq](http://a.co/6qQd9fq)
- † Thrive: A devotional for students by CPH [a.co/0qouZJs](http://a.co/0qouZJs)
- † The Middle School Years by Katrina Cassel <http://a.co/6PBQ5Ph>
- † Live Original Devotional by Sadie Robertson <http://a.co/7hjSVYk>
- † Chosen! Won! Devotions for Teens by Teens by CPH <http://a.co/eb20Exd>
- † Stand your Ground Devotional for Teens by Teens by CPH <http://a.co/eOmQxMN>
- † Dare U 2 Open This Book: Draw In, Write It, Dare 2 Live it by Carol Moore
- † Heart of an Athlete by Fellowship of Christian Athletes <http://a.co/3tmYGwT>

Need more help with doing devotions with your child? Check out these links:

[blog.cph.org/everyday-faith/simple-steps-for-family-devotions/](http://blog.cph.org/everyday-faith/simple-steps-for-family-devotions/), [youtube/8NqcYP-YB1c](https://www.youtube.com/watch?v=8NqcYP-YB1c),

[blog.cph.org/everyday-faith/d-e-v-o-t-e-simple-steps-for-family-devotions/](http://blog.cph.org/everyday-faith/d-e-v-o-t-e-simple-steps-for-family-devotions/)

## **Music/movies**

Want an alternative to secular music? Looking for a certain type of Christian music? Check out: [thoughtco.com/christian-bands-and-artists-list-707704](http://thoughtco.com/christian-bands-and-artists-list-707704) or [klove.com](http://klove.com) to peruse various songs. Local *commercial free* Christian radio stations include *88.3 fm, 93.5 fm, 106.3 fm, 1030 am*

Check out [pluggedin.com](http://pluggedin.com) for Christ centered movie/tv reviews.

Do a short bible study together about a movie you watch - <http://www.smallgroups.com/bible-studies/type/movie-discussion-bible-studies/?paging=off>

## **Meal times**

Meal time Devotions

† Free printable [ourelement.org/downloads/family\\_mealtimes\\_devotion.pdf](http://ourelement.org/downloads/family_mealtimes_devotion.pdf)

† Dinner and Devotion by Cami Hulse <http://a.co/0655cCm>

† 101 Family Meal time devotions by Greg Johnson [a.co/86EJAkZ](http://a.co/86EJAkZ)

† Dinner Time Devotions by Sean Park [a.co/39zVJRI](http://a.co/39zVJRI)

Conversation Starters, [thefamilydinnerproject.org/conversation-starters-shareables/](https://thefamilydinnerproject.org/conversation-starters-shareables/), <https://thefamilydinnerproject.org/tag/ages-8-13-versation/conversation-starters-shareables/>, [conversationstartersworld.com/250-conversation-starters/](http://conversationstartersworld.com/250-conversation-starters/), [inspirationmadesimple.com/wp-content/uploads/2014/08/table-conversations-bw.pdf](http://inspirationmadesimple.com/wp-content/uploads/2014/08/table-conversations-bw.pdf),

Dinner games - [thefamilydinnerproject.org/fun/dinner-games/ages-8-13-dinner-games](http://thefamilydinnerproject.org/fun/dinner-games/ages-8-13-dinner-games)

## **Family Nights**

Have family time once a week to connect with each other and to encourage spiritual growth of your families. Free Family fun nights [itstartsathome.org/familynight/](http://itstartsathome.org/familynight/), Family Night Tool Chest : Introduction (and series) by Jim Weidmann [a.co/fJHblyR](http://a.co/fJHblyR), Family Faith Walks [a.co/8RiOLop](http://a.co/8RiOLop) , Life Skills for Guys (with parent involvement) by Tim Smith <http://a.co/flOKqvw>

## **Bedtime**

Do the Faith5 with your middle schooler([faith5.org](http://faith5.org)):

SHARE your highs and lows; READ a Bible verse or story; TALK about how the Bible reading might relate to your highs and lows; PRAY for one another's highs and lows; BLESS one another

## **Youth Ministry**

Jason von der Lage, our Youth Minister and St. Peter's youth ministry, is an excellent source encouragement for you and your child during the teen years. Don't hesitate to contact Jason at (586) 781-3434. Teens tend to like activities outside the home too, our youth ministry provides a variety of fun, Christ centered activities.